

## JOINT BASE ANDREWS M&FRC KEY SPOUSE PROGRAM

## **2024 Workshops**





JAN 9-10 9:00 AM - 1:00 PM

APR 9-10 12:00 PM - 4:00 PM

JUL 9-10 9:00 AM - 1:00 PM

OCT 8-9 12:00 PM - 4:00 PM



FEB 7 8:00 AM - 10:00 AM

MAY 11 12:00 PM - 2:00 PM

AUG 7 8:00 AM - 10:00 AM

**NOV 6** 12:00 PM - 2:00 PM



FEB 7 10:00 AM - 11:00 AM

MAY 11 2:00 PM - 3:00 PM

AUG 7 10:00 AM - 11:00 AM

NOV 6 2:00 PM - 3:00 PM



JAN 10 9:30 AM - 11:00 AM

**APR 10** 1:30 PM - 2:30 PM

**JUL 10** 9:30 AM - 11:00 AM

OCT 9 1:30 PM - 2:30 PM



**JAN 10** 11:00 AM - 1:00 PM — GOAL SETTING

JUN 8 9:00 AM - 11:00 AM — SIP & CHAT

SEP 4 1:00 PM - 3:00 PM — SIP & CHAT

**NOV 2** 9:00 AM - 11:00 AM — SIP & CHAT

All dates are virtual trainings.
Quarterly trainings are subject to changing to in person and/or hybrid throughout the year.



To register, scan QR code or go to: https://jba-keyspouse.timetap.com

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